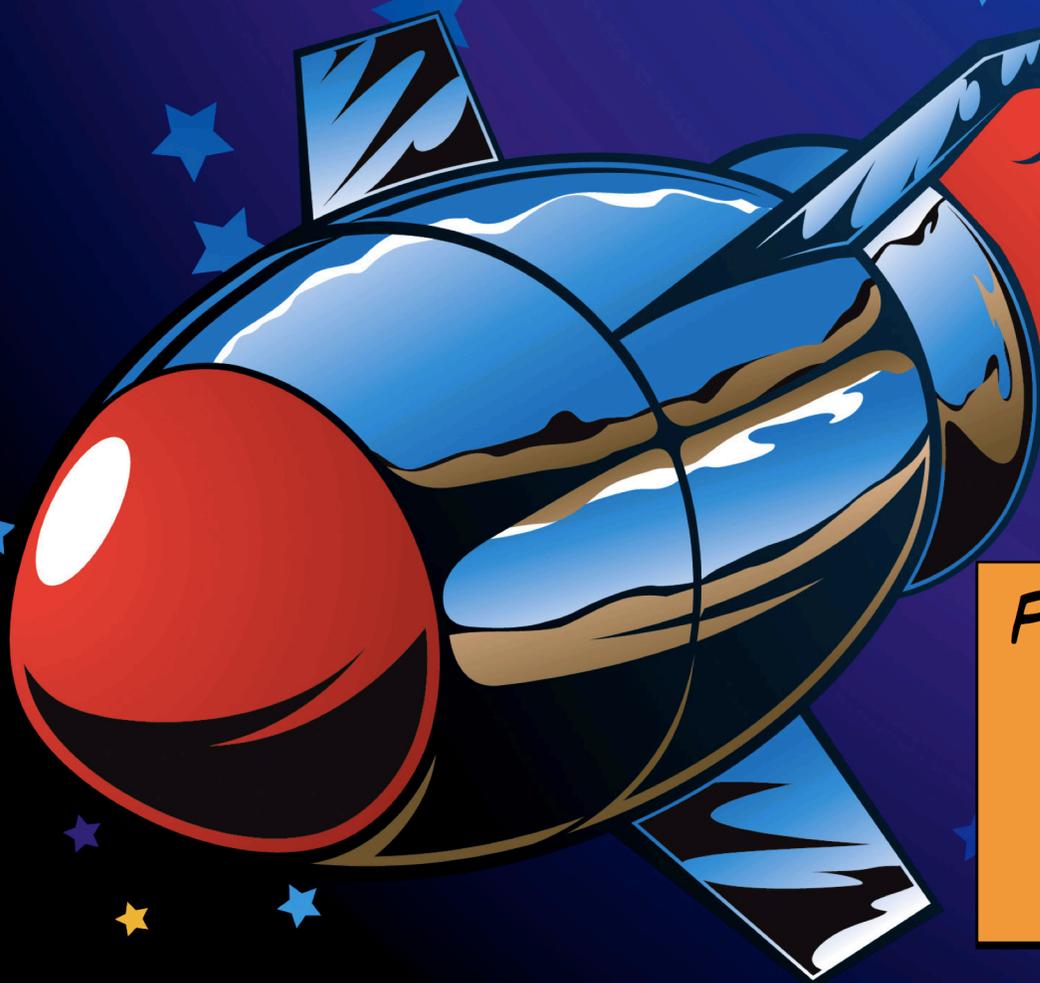


# WBFT Quick Start



FOUR ROCKET  
FAST STEPS  
TO TEACHER  
HEAVEN!!!!

# WBT QuickStart

Chris Biffle

Whole Brain Teaching (WBT), with 50,000 members, outposts in 30 foreign countries and over 2 million YouTube views, is one of the world's vastest growing education reform movements. Our system is vast and includes free materials to:

- increase reading speed
- deepen reading comprehension
- build basic math skills
- sharpen critical thinking
- establish a broad understanding of core concepts
- develop student leadership
- create highly energetic classrooms

Educators around the world have downloaded over 10 million pages of free eBooks from WholeBrainTeaching one of the Internet's most popular, education websites.

While mastering our techniques could take years, even a lifetime (I'm still learning myself!), WBT is exceedingly simple to begin. Using the four steps described below, you will, with just a little patience, begin an exciting journey to Teacher Heaven.

## Step One: Class-Yes

Teach your students that whenever you say "Class!" they respond "Yes!" This is your Attention Getter and the simplest

... you will, with just a little patience, begin an exciting journey to Teacher Heaven

of all WBT techniques. You'll note that however you say "Class!", students will automatically mimic you. If you say, deeply, "Class!," they will respond with a deep "Yes!" If you use a froggy voice or a mechanical voice, they will automatically respond with a froggy or a mechanical voice. Even if you say, "Classy Class!," they will respond "Yesity Yesity!" It will take you and your students no more than a minute or two to master the "Class-Yes!" and you'll use it all day long, all year.

## Step Two: Teach-Okay

Next, teach your students that when you say "Teach!," they respond "Okay!" Just as with the Class-Yes, however you say

"Teach!," they will mimic you with "Okay!" When students have mastered this, and it will only take seconds, tell them that after they say "Okay!" they should turn toward their neighbors using a "full body turn." Show them that they should completely turn and face their neighbors.

Now, you're all set for some simple WBT lessons. Just to give your students practice, use the following script.

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*Teacher:* Class!

*Students:* Yes!

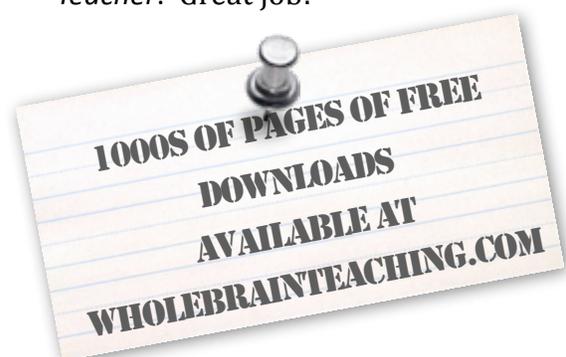
*Teacher:* When I say "Teach" you say "Okay!" and start counting from 1. Keep counting until I say "Class!" Use your full body turn! Teach!

*Students:* Okay! (and they begin counting)

*Teacher:* (After walking around and encouraging students to teach each other while using the full body turn ...) Class!

*Students:* Yes!

*Teacher:* Great job!

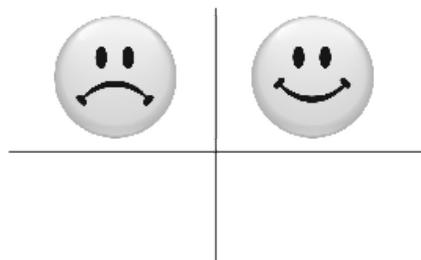


To give students additional practice, and they will need it, ask them to say their ABCs, count backwards from 100, recite favorite rhymes, etc. to their neighbors.

# Motivate your students with the Scoreboard!

## Step Three: Scoreboard

The Scoreboard is your motivator, your student energizer. After your students have mastered the Class-Yes and the Teach-Okay, draw the following diagram on the board.



Explain to your kids that when you make a mark on the Frowny side, they should lift their shoulders very quickly and groan, "Ohhh!" When you make a mark on the Smiley side, they should quickly clap their hands and say, "Oh Yeah!"

Make several practice marks on both sides.

Don't start the next part of your lesson until your kids are vigorously and crisply responding to Frowny and Smiley marks. When they are too slow or lacking energy, mark a quick Frowny. When they are loud, energetic, crisp, mark a Smiley.

*Never let the difference between Frownies and Smilies be greater than 3. If you penalize too much, your class will become discouraged; if you reward too much your class will become indifferent.*

As your next step, use the following script.

-----

*Teacher:* Class!

*Students:* Yes!

*Teacher:* When I say "Teach" you say "Okay!" and explain the Scoreboard to your neighbors. Keep explaining until I say "Class!" Use your full body turn! Teach!

*Students:* Okay! (They explain the Scoreboard to their neighbors.)

*Teacher:* (After walking around and encouraging students to teach each other while using the full body turn ...) Class!

*Students:* Yes!

*Teacher:* That wasn't energetic enough! (Mark a Frowny.)

*Students:* Ooh!

*Teacher:* Class!

*Students:* Yes!

*Teacher:* Class! That wasn't quick enough! (Mark another Frowny.)

*Students:* Ooh!

*Teacher:* Class!

*Students:* Yes!

*Teacher:* Much better! (Mark a Smiley.)

*Students:* (Clapping) Oh Yeah!

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**Believe it or not, you're almost ready to start Whole Brain**

**Teaching.** Use the Class-Yes to get your students' attention; use Teach-Okay to prompt students to teach your neighbors anything you have taught them; use the Scoreboard to motivate kids to stay energetically involved in your lessons.



# Very important point!



Here is a very important point ...

*The longer you talk, the more students you will lose. If you want students to be successful in the Teach-*



*around the room and listen to what your kids are saying. If they are leaving out important points about what you just said, start over and speak more briefly!*



*Okay, don't speak for longer than 30 seconds! ... just a few sentences. This, as you probably know, is called chunking. After the Teach-Okay, walk*

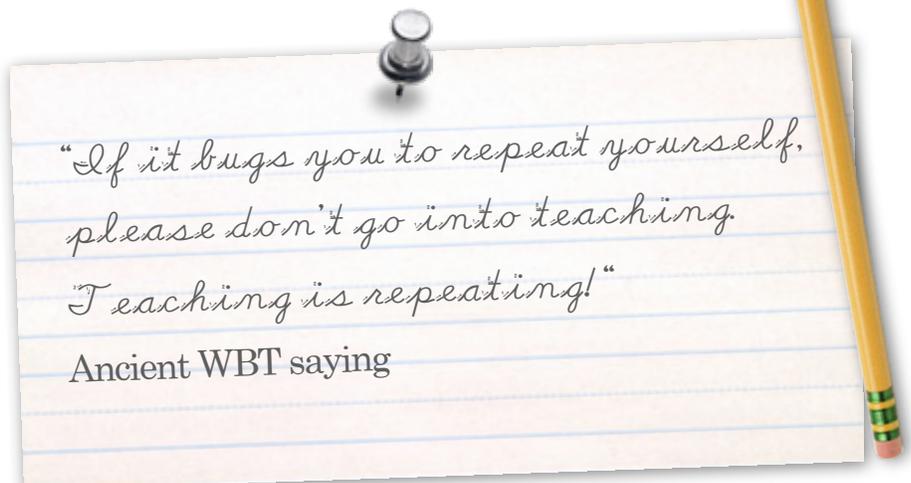
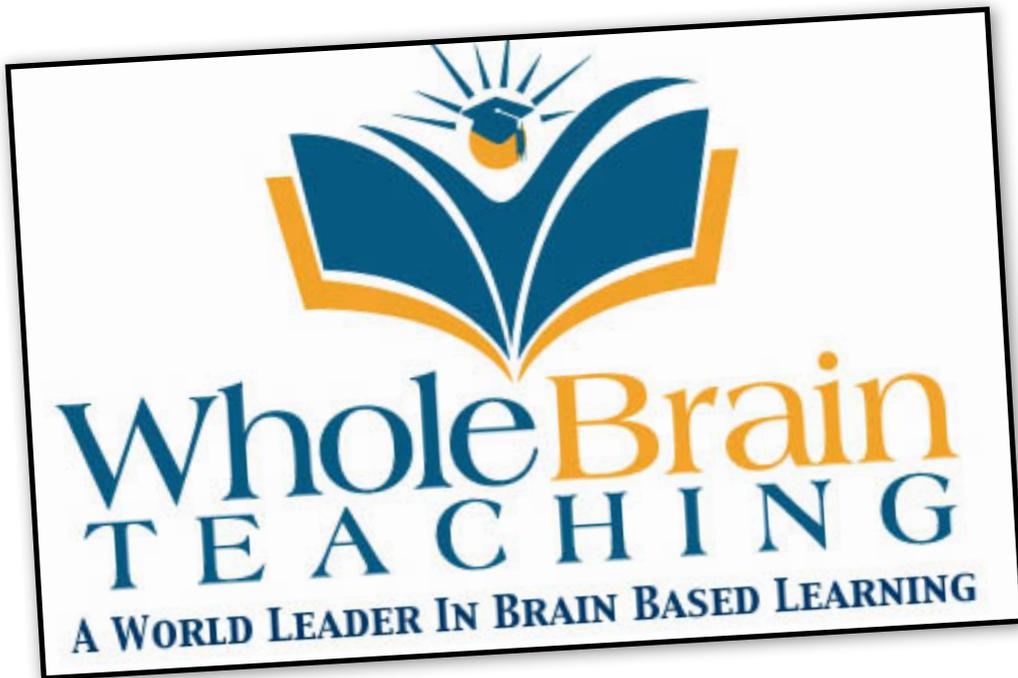


## Step Four: Be Happy!

This is a very important step. Your students will not only mirror your tone of voice in the Class-Yes and the Teach-Okay, they will also pick up your mood. We say, “weave the Golden Thread of fun” through everything you do. Have fun with Class-Yes, Teach-Okay and the Scoreboard. Even the Frowny groan should be fun ... if it is, your students will be deeply engaged.

When you have mastered these techniques, go to [WholeBrainTeaching.com](http://WholeBrainTeaching.com) and read the articles in the “First Steps” menu. Next, go to “Free Ebooks” and download, “Whole Brain Teaching for Challenging Kids.” You’ll find a vividly detailed road map through all our classroom management techniques. At high points along your journey, you’ll catch sight of the glittering peaks of Teacher Heaven.

Be sure to buy a large hanky. After your first lesson, you’ll be weeping tears of joy!



# 19 WBT Videos

View on YouTube

<http://www.youtube.com/user/ChrisBiffle>

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## ***Intro to Whole Brain Teaching: Lessons 1-8***

Each short video demonstrates a key component of WBT. Taken in order, the movies show what we believe is a logical sequence for introducing many of our strategies to classes from kindergarten through high school.

## ***WBT Basics***

Chris Biffle uses his philosophy classroom to demonstrate the Big Six (and early version of the Big Seven). Note that all of the techniques employed with young adults can also be found in our videos of elementary students.

## ***How to Begin WBT Part 1 and 2***

Our most recent video demonstrates how to begin the Big Seven using middle school students as a sample population. The Big Seven, fully described on our website WholeBrainTeaching.com, are: Class-Yes, the Five Classroom Rules, Teach-Okay, Scoreboard, Mirror, Hands and Eyes, Switch. The class in this video had practiced for about 25 minutes before beginning. With older kids, the Big Seven can be introduced fairly quickly, as demonstrated in the video. In K-3 classes, introduction of the Big Seven might be spread over several weeks.

## ***WBT College Aristotle***

Biffle demonstrates advanced techniques to combine individual and group learning in a WBT classroom.

## ***Portrait of a New Teacher***

The video provides impressionistic overview of a new teacher, Andrea Schindler, using Whole Brain Teaching in its earliest stage of development. In seven minutes, you'll see a portrait of the birth of a remarkable teacher; Andrea is currently (2010) one of the most viewed and imitated kindergarten educators in the U.S.

## ***WBT Kindergarten***

Andrea Schindler, who began Whole Brain Teaching on her first day as an instructor, demonstrates several engaging WBT strategies with young learners. This video is among the most popular in the WBT series.

## ***WBT 1st Grade***

An excellent demonstration of low key, Whole Brain Teaching, If you like quiet, calm, intensely focused classes, and who doesn't?, these first graders provide excellent models.

## ***WBT 6th Grade math:***

One of the most viewed education videos on YouTube (over 100,000 at last count!), this sixth grade teacher combines remarkably effective pacing, humor and gestures to teach a complex subject, the order of operations. To show the range of WBT, contrast these highly trained, disciplined 6th graders to the rowdy, spontaneous 4th graders in the critical thinking video above

### ***Crazy Professor***

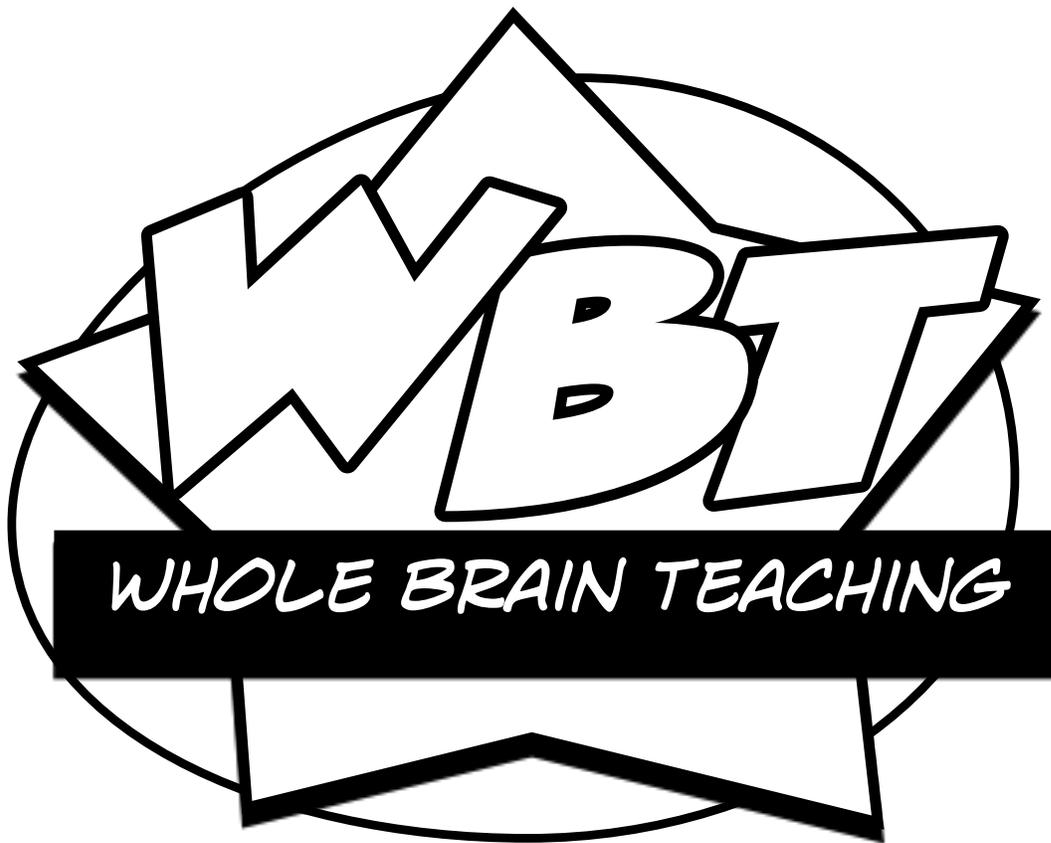
In one of our first videos, Chris Rekstad demonstrates an early version of The Crazy Professor Reading Game, designed to increase student reading comprehension for both fiction and non-fiction.

### ***SuperSpeed 100***

A classroom of special ed kids master 100 of the most common sight words using one our most popular free downloads at [WholeBrainTeaching.com](http://WholeBrainTeaching.com). SuperSpeed 100 is used from grades K-5; the key motivator is that students are setting and breaking personal records for reading speed.

### ***Mind Soccer***

This entertaining, often hilarious video, features WBT Co-Founder Chris Rekstad and his fourth grade, Yucaipa, California class. As you'll see, Mind Soccer provides a remarkably flexible (and comic!) format for reviewing course material. The game is so entertaining that kids will work hard, tallying marks on the Scoreboard, for the privilege of playing Mind Soccer. A whole class learning with as much energy as possible for the reward of reviewing what they have learned? You know what that is. Teacher Heaven.



# Whole Brain Teaching E-Books

Free at [WholeBrainTeaching.com](http://WholeBrainTeaching.com)

## ***Whole Brain Teaching for Challenging Kids***

WBT's core manual for classroom management! Lively units provide descriptions of the Big Seven, daily instruction techniques: Class-Yes, the Five Classroom Rules, Teach-Okay (three chapters!), the Scoreboard, Hands & Eyes, Mirror, and Switch. You'll marvel at the easy to follow scripts that guide you through WBT's year long, classroom management system: Scoreboard, Practice Cards, Guff Counter, Independents, Bullseye Game, and Agreement Bridge. You won't be able to stop reading as you discover new chapters on critical thinking, student leadership training and WBT related research. The appendix is jammed with units on Mind Soccer, Mind Basketball, Mind Volleyball, the Five Classroom Management signs, lists of free e-books and videos.

## **ELEMENTARY: STATE STANDARDS, READING AND MATH**

### ***Kindergarten Power Pix***

Over 170 pages! More than 70 full color signs! Everything you need to teach math and language arts STATE STANDARDS to your little ones! Individual signs, gestures, definitions, quick tests for all the following! Language Arts: author, black, blue, capital letter, characters, colors, end mark, exclamation mark, front cover, fiction, green, illustrator, letters, lowercase alphabet, nonfiction, orange, period, purple, question mark, red, rhyming words, sentence, setting, sorting, spaces, syllables, table of contents, title, title page, uppercase alphabet, vowels, yellow, white, word Math: addition, afternoon, big hand on a clock, calendar, circle, clock, cone, counting 1 to 5, counting 1 to 10, counting 1 to 15, counting 1 to 20, counting 1 to 25, counting 1 to 30, cube, cylinder, days of the week, equal height, equal numbers, equals sign, estimate, evening, less than, little hand on a clock, minus sign, more than, morning, noon, plus sign, pointer counting, rectangle, sorting, sphere, square, subtraction, today, tomorrow, triangle, yesterday

### ***First Grade Language Arts Power Pix***

First Grade, Language Arts Power Pix: Individual signs, gestures, definitions, quick tests for all the following! 5 W + H, apostrophe, author, capital letter, capitalized words, characters, compound word, contraction, days of the week, descriptive words, exclamation mark, illustrator, letter "I", long vowel, months of the year, noun, plot, plural noun, possessive, noun, period, prediction, pronoun, question mark, rhyming words, sentence, setting, short vowel, singular noun, title, verb, word

### ***First Grade Math Power Pix***

First Grade, Math Power Pix: Individual signs, gestures, definitions, quick tests for all the following! addition, addition checking rule, bar graph, circle, cone, counting by 2s, counting by 5s, counting by 10s, cube, dime, equals sign, estimate, foot and 12 inches, good manners, half hour, hour, left thumb rule, less than/more than, minute, nickel, nonstandard unit rule, penny, pounds and ounces, quarter, rectangle, right hand rule, sphere, square, subtraction, subtraction checking, tally marks, triangle, 1 less than, 1 more than, 10 less than, 10 more than, 1s place, 10s place, 100s place

### ***Second Grade Language Arts Power Pix***

Second Grade, Language Arts Power Pix: Individual signs, gestures, definitions, quick tests for all the following! abbreviation, adjective, alliteration, antonyms, atlas, body of a letter, cause and effect, chapter heading, characters, closing, comma, comparison, contrast, date of a letter, dictionary, draft of a paper, fact, five parts of a letter, greeting of a letter, map, noun, opinion, plot, plural noun, prefix, pronoun, proper nouns, quotation marks, rhyming words, sentence, setting, signature, suffix, syllables, synonyms, table of contents, thesaurus, verb

### ***Second Grade Math Power Pix***

Second Grade, Math Power Pix: Individual signs, gestures, definitions, quick tests for all the following! addition checking rule, bar graph, cent sign, centimeter, circle, counting by 5s, counting by 10s, counting by 100s, cube, cone, cylinder, day, denominator, division, dollar, dollar sign, equals sign, estimate, expanded form, foot and 12 inches, fraction, half hour, hour, less than/more than rule, months, multiplication, numerator equals denominator rule, nonstandard unit rule, numerator, pyramid, quarter, quarter hour, rectangle, sphere, square, subtraction checking rule, tally marks, triangle, week, year, 1s place, 10s place, 100s place, 1000s place

### ***Third Grade Language Arts Power Pix***

Third Grade, Language Arts Power Pix: Individual signs, gestures, definitions, quick tests for all the following! alphabetical order, chapter heading, chronological order, city and state comma rule, dates comma rule, days of the week rule, draft of a paper, encyclopedia, fact, first word of a sentence rule, geographical name rule, glossary, historical period rule, holiday name rule, homonyms, homophones, "I" rule, indented sentence, index, main idea, months rule, names of people rule, narrator, opinion, paragraph, paraphrase, subject of a sentence, subject/verb agreement rule, topic sentence, verb tense, word family

### ***Third Grade Math Power Pix***

Third Grade, Language Arts Power Pix: Individual signs, gestures, definitions, quick tests for all the following! 1s, 10s, 100s, 1000s, 10000s place, rounding off rule, counting by 100s, counting by 1000s, expanded form, multiplication checking rule, division checking rule, multiplication, division, multiplying by zero rule, multiplying by 1 rule, dividing by 1 rule, dividing by zero rule, unit cost, total cost, unit cost rule, big slice rule, little slices rule, less than/greater than rule, decimal point, .1, .5, .75, 1/2, 1/4, 1/3, perimeter, pentagon, hexagon, octagon, gallon, quart, pint, cup, right angle, right triangle, isosceles triangle, equilateral triangle, parallel lines, numerator, denominator, numerator equals denominator rule, fraction, estimate, centimeter, meter, cone, cylinder, cube, square, circle, triangle, rectangle, sphere, pyramid, bar graph

### ***The Whole Brain Writing Game***

The Whole Brain Writing Game is Whole Brain Teaching's long awaited composition system. Using striking visuals, K-12 students learn a host of skills, including: brainstorming, writing topic sentences, composing short paragraphs, constructing narrative, explanatory and argumentative essays, proofreading, use of adjectives, active verbs, descriptive language, prepositional and adverbial phrases, avoiding fragments, misspellings, subject verb agreement errors, under developed ideas ... you name it! The Whole Brain Writing Game is a lively, modular system that can be adapted to any writing program ... and, we've included a special unit that enormously reduces the amount of time teachers spend grading papers! Please do not read this ebook without a large hanky, because when you're done you'll be sobbing tears of joy!

### ***Smoothy Bumper Planet***

Smoothy Bumper Planet is a wonderful world that enormously simplifies math instruction for K-2 students! Teach kids to add, subtract, count to 1,000, skip count by 2s, 4s, 5s, 10s, 100s and deepen their understanding of place value for 1s, 10s, 100s and 1000s ... all on the back and front of one sheet of paper! Complete instructions included for in-class and at home instruction.

### ***Biffytoons Manual***

Teach young learners sight words with Biffytoons cartoons. This ebook is packed! 48 full color cartoons, 48 line drawings, 48 mini-cartoons and Biffytoons Bingo ... a host of features introduce new readers to the most common words in English.

### ***SuperSpeed Numbers***

A lively game for school or home that teaches the counting numbers 1-100. Works like a wonder!

### ***SuperSpeed 100***

New readers learn 100 of the most common sight words, while having a blast!

## **CLASSROOM MANAGEMENT UPPER ELEMENTARY READING AND MATH**

### ***The Crazy Professor Reading Game***

One of our first ebooks, "The Crazy Professor Reading Game" has also been one of our most popular. Used by thousands of K-12 teachers across the country, the Crazy Professor is designed to deepen students' reading comprehension of both fiction and nonfiction. In a gamelike format, your kids learn to paraphrase, translate ideas into gestures, skim read for key ideas, connect their reading to personal experiences, and much more!

### ***SuperSpeed 1000***

Teach your class 1,000 of the most common sight words! Kids will BEG YOU to let them play!

### ***SuperSpeed Math***

Addition! Subtraction! Multiplication! Division! Kids can't get enough of SuperSpeed Math!

## **GENERAL**

### ***Whole Brain Teachers Training Manual***

Everything you need to be a Whole Brain Teacher trainer!

### ***Power Student Olympics***

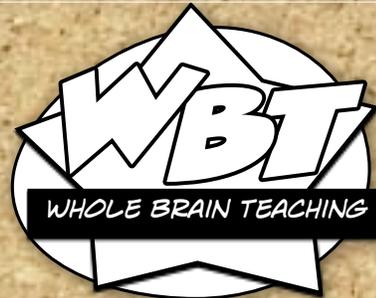
Watch your students break 100's of personal records in reading, math, writing and art!

### ***Whole Brain Teaching Case Studies***

Over 60 true stories of Whole Brain Teaching in action!

### ***Practice Cards***

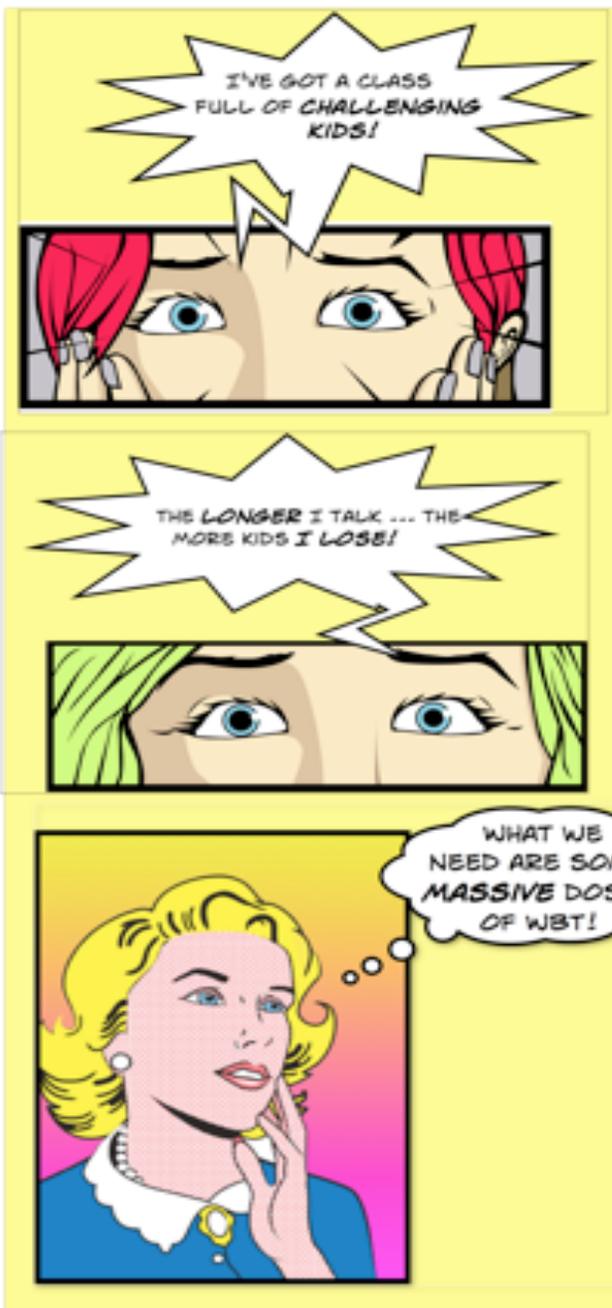
A powerful addition to Whole Brain Teaching's Classroom Management System! Give your kids Positive Practice following the classroom rules!



Whole Brain Teaching is a grass roots, education reform movement begun in 1999 by three Yucaipa, California teachers: Chris Biffle (college), Jay Vanderfin (elementary school) and Chris Rekstad (elementary school). Since then we have been joined by a dedicated group of K-12 educators who form our Board of Directors.

In the last 11 years we have given seminars across America to over 8,000 educators representing over 300,000 students. Our websites receive over 2,000 hits per day. WBT videos have received over 2,000,000 views on the Internet. Whole Brain Teaching is one of the fastest growing, education reform movements in the United States.





# WBT For Your School!

Free Ebooks  
Free Web Forum  
Training Videos  
Skype Sessions  
Web Seminars  
On Site Conferences

Have an  
administrator  
contact Chris Biffle  
[CBiffle@AOL.com](mailto:CBiffle@AOL.com)

## WBT One Day Conferences At Your School!

1. Classroom management
2. Lesson design and delivery
3. Reading and math
4. State standards and critical thinking
5. Writing
6. Advanced WBT techniques