



Northern Arizona Public Employee Benefit Trust

WELLNESS INCENTIVE PROGRAM

CCC- FUSD - NAIPTA- Coconino County
City of Flagstaff - Accommodation Schools

Why Wellness?

- Save money
- Feel better
- Do better



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- Designed by employees from all six government agencies
- There are no requirements for the program, to better address different needs of employees
- Easier and simpler to understand
- Classes and events are open to all members of your household 12 years of age and older
- For FY19 Program Design Changes, please see the Wellness Incentive Program Information Packet available online at www.mywellsite.com/NAPEBT; copies available upon request



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Changes To The Wellness Program

- Designed by employees from all 6 government agencies.
- There are no requirements for the program to address different needs of employees
- Easier and simpler to understand

Level 1	Earn 12 Points	\$240 Medical Discount
Level 2	Earn 12 More Points	\$120 Cash Reward
Total: Level 1 + Level 2	24 Total Points	\$360 Total Reward

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Point Possibilities

- Annual Medical Exam: 12 points
- Biometrics & Health Assessment: 8 points
- Champions: 8 points
- Preventative Screenings: 4 points
- Volunteer: 4 points
- Classes & Events: 1-6 points
- Challenges: 4-6 points
- Vera Health Coaching: 4-6 points
- Online Classes: 1-6 points
- 360 Minutes of Physical Activity: 1 point
- Health Buddies: 1 point