

After School Mountain Bike Club

We are offering a 7-week after school mountain biking club for 3rd - 5th grade students at Puente de Hózhó as a partnership with the FLagstaff Youth RiderS (FLYRS). All required equipment (bike, helmet, water bottle) will be provided for your child unless they have their own and will be bringing it to school. Please see below for additional details and instructions about how to sign up.

What: Puente FLYRS mountain bike club will help your child develop greater confidence and fundamental skills to ride on dirt trails.

Who: 3rd - 5th graders who already know how to ride a bike. Your child does not need to have any experience with mountain biking, but she/he MUST know how to ride a bike – they should be able to start, stop, and pedal confidently and consistently on their own.

When: Thursdays from 2:30-4pm for 3rd & 4th graders: August 29 – October 17
Fridays from 12:00-1:30pm for 4th & 5th graders: August 30 – October 18
**Students in 4th grade can select which day they prefer, but they can only attend one day.

Where: Puente school yard

How: Complete both sides of this form and return it to flyrsmtb@gmail.com or the Puente front office.

Equipment: None is required, but please be sure your child wears close-toed shoes to school. If you child has a mountain bike and helmet, they can bring them to school on Club days.

Cost: There is no cost for your child to participate in this club. This club is supported through tax credit donations to Puente, so please remember to submit your tax credit to the school each year!

We can only accept 12 students in the mountain bike club on each day. If we receive more than 12 applications per day, we will balance the program by language programs and gender to create the most diverse club possible.

If you would like your child to participate in the Mountain Bike Club, please grant your permission by signing and completing the information on the back-side of this form. If you have any questions about the Club, please contact Coach Tyler at flyrsmtb@gmail.com or 801-541-7275.

Puente de Hózhó After School Mountain Biking Club

Name of Child: _____

Grade: _____ Gender: _____ Race/Ethnicity: _____

Is your child bringing their own bike? YES or NO

* We can provide all equipment, but if your child prefers to use their own bike and will bring it, please let us know.

FOR 4TH GRADERS ONLY: Circle which day your child can attend, or both if they are available for either day -- THURSDAY // FRIDAY

Does your child have any known allergies, disabilities, or other health issues that would be helpful for us to know about? _____

Parent/Guardian Name: _____ Phone Number: _____

Parent/Guardian E-Mail Address: _____

Alternate Adult Contact Name: _____ Phone Number: _____

By signing below, you agree to the following:

- I am responsible for picking up my child in the gym when Mountain Bike Club ends, or for arranging appropriate after school care. If you are unable to pick up at the appropriate time, your child must be registered in FACTS.
- I am aware that spots in Mountain Bike Club are limited and that my child may be put on a waitlist. I will be contacted to confirm participation before the first day of the Club.
- I am aware that this is an after-school Club and that behavioral issues may limit my child's ability to participate.
- I am aware that mountain biking is an activity with inherent risks, and I will not hold FLYRS or the FLYRS coaches liable for any injuries or accidents that may occur.
- I will contact Coach Tyler (801-541-7275) if my child will need to miss the Club for any reason.

Parent/Guardian Signature: _____ Date: _____