



Flagstaff High School

400 West Elm Avenue
Flagstaff, AZ 86001
Phone: 928-773-8100 | Fax: 928-773-8146

Once an EAGLE, always an EAGLE!

Libby Miller, Principal

Trish Eberlein, Assistant Principal

Matthew Barquin, Assistant Principal

Jeannine Brandel, Athletic Director

Approved NO HOUR CLASS ****Seniors Only****

Students who are on track for graduation may apply for a No Hour(s). Students have the option of one or two No Hours. Students also have the option to take the No Hour(s) during the first two periods of the school day or the last two periods of the day. If taking two No Hours, the classes must be back-to-back or the first and last period of the day.

Students **MUST LEAVE CAMPUS** during their No Hour(s).

Athletes: Based on AIA and District guidelines athletes may only take one No Hour course. If an athlete signs up for two No Hours, they will be ineligible until a schedule change has been completed. Athletes are **HIGHLY ENCOURAGED** to take their No Hour in the morning. If athletes have an afternoon No Hour, they are not permitted to hang around campus because they are waiting for practice after school.

Application for No Hour(s) must be completed and turned into the Counseling Office. Counselors will review your application and transcript before adding the course. If you do not qualify for a No Hour your Counselor will add your second priority elective.

DISTRICT POLICY REQUIRES SENIORS TO ENROLL IN 4 PERIODS PER SEMESTER

If, with the above considerations in mind, you wish to request a reduced schedule, you must do the following:

- 1) ___ Set up an appointment to meet with your counselor.
- 2) ___ Type a letter to the principal outlining the reasons you wish to have a reduced schedule. *Include your GPA in your letter.*
- 3) ___ Return this request with your letter to your counselor for administrative and counselor approval.
- 4) ___ You *must* take at least four (4) consecutive classes.
- 5) ___ If you are an athlete you may only have one No Hour.
- 6) ___ You *may not* be on campus during your No Hour(s).

Identify which periods you would like your No Hour(s). Please note that some courses are only offered certain periods and can affect your No Hour request.

	1 st hour	2 nd hour	6 th hour	7 th hour
No Hour Request				

** I have read this form and understand the options and the courses my student is requesting.*

Student	<i>Date</i>	Parent / Guardian	<i>Date</i>
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Approved by:

Counselor	<i>Date</i>	Administrator	<i>Date</i>
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Attach Transcript:
Revised 2/15/2022